

## 4 BUSINESS TAKEAWAYS I LEARNED FROM GRIEF

## Grief can be debilitating in life and in business but it doesn't have to be.

TAKEAWAY #1	If you believe in a higher being that guides your life, then the prayer for your business shouldn't be about what you want but more so what you need in order to fulfill your stated mission.
TAKEAWAY #2	Take a look at your business and examine whether your purpose aligns with that you are doing and if not, tweak as necessary. You will find greater fulfillment and a better ability to withstand the tough times.
TAKEAWAY #3	Take an internal inventory of your greatest personal fears as it pertains to your business and examine if it is hindering your success in any way. If it is, address it within yourself or confide in your tribe & work through it.
TAKEAWAY #4	In business as in life, RELEASE is critical. Social media when used strategically and authentically, can share your message and the essence of who you are. You don't have to be an oversharer or try to emulate your favorite blogger to be successful. Just speak your truth in a way that works for you.

Read entire blog post at www.elainemensah.com